

**SAINIK SCHOOL AMETHI (UTTAR PRADESH)**  
**ALL INDIA SAINIK SCHOOLS ENTRANCE EXAMINATION 2020**  
**ROLL NUMBERS OF CANDIDATES SHORT LISTED FOR MEDICAL EXAMINATION SCHEDULED AT**  
**DISTRICT HOSPITAL, AMETHI (UTTAR PRADESH) FROM 17 FEB 2020 TO 21 FEB 2020**

1. Roll Numbers of candidates short listed in the All India Sainik Schools Entrance Examination 2020 held on 05 Jan 2020 (Sunday) for undergoing Medical Examination for admission to Class VI in Sainik School Amethi for the academic session 2020-21 has also been uploaded on Zila Parishad Amethi website [www.amethi.nic.in](http://www.amethi.nic.in) along with Call Letter Format and Medical Examination Form. The result is prepared strictly in accordance with Sainik Schools Society Rules and Regulations. The category wise roll numbers are given in ascending order, hence, the sequence given below is not to be misinterpreted as the order of the merit.

2. The short listed candidates will be required to appear for Medical Exam at District Hospital Amethi as per the schedule of dates as appended below in tabulated form:-

Category	SC		Home (Uttar Pradesh) Defence		Home (Uttar Pradesh) General				ST	Other State General	Other State Defence	
<b>Roll No of candidates shortlisted for undergoing medical examination at District Hospital Amethi</b>	503806	504243	503845	504525	503802	503934	504227	504307	504450	504186	504035(RJ)	503979
	503837	504284	503908	504528	503803	503936	504231	504311	504451	504264	504183(BR)	504129
	503840	504303	503994	504531	503808	503955	504239	504328	504452	504488	504192(BR)	504185
	503846	504312	504046		503811	503982	504240	504336	504457		504195(BR)	504291
	503852	504358	504076		503820	503985	504242	504340	504459		504197(BR)	504351
	503870	504369	504078		503821	504000	504244	504344	504463		504332(MP)	504465
	503885	504384	504100		503835	504004	504246	504353	504464		504387(RJ)	
	503933	504392	504164		503836	504007	504247	504370	504472		504466(BR)	
	503947	504444	504167		503842	504010	504249	504379	504475		504481(MP)	
	503956	504467	504218		503843	504016	504251	504385	504482		504529(BR)	
	503963	504502	504250		503848	504017	504252	504391	504484			
	504001	504504	504261		503851	504029	504253	504395	504485			
	504002		504282		503853	504044	504255	504397	504491			
	504053		504292		503866	504094	504256	504400	504497			
	504055		504310		503874	504102	504257	504401	504501			
	504080		504334		503876	504118	504258	504403	504503			
	504083		504343		503877	504145	504259	504405	504506			
	504103		504356		503883	504160	504260	504407	504509			
	504111		504364		503888	504161	504262	504412	504513			
	504122		504365		503895	504181	504271	504413	504530			
	504127		504376		503897	504189	504272	504422	504535			
	504139		504377		503901	504208	504273	504424				
	504165		504381		503904	504209	504276	504428				
	504187		504398		503906	504210	504279	504429				
	504196		504418		503907	504212	504281	504435				
	504202		504421		503909	504215	504286	504446				
	504232		504432		503916	504216	504289	504447				
	504233		504453		503923	504219	504290					
504236		504473		503924	504224	504296						
504237		504486		503931	504226	504305						
<b>Date of Medical Exam</b>	<b>17 Feb 20</b>		<b>18 Feb 20</b>		<b>19 &amp; 20 Feb 20</b>				<b>21 Feb 20</b>			
<b>Time of Reporting for Medical Exam</b>					<b>08:00 HRS AT DISTRICT HOSPITAL AMETHI.</b>							

3. It must be clearly understood that since number of candidates which is approximately three times the number of vacancies are being called for Medical Examination, mere appearing for the Medical Examination does not confer guaranteed admission.

4. The admission will be based on final merit to be prepared after conduct of medical examination of all shortlisted candidates.

5. The candidature of the candidates will be cancelled in case of failure to appear for the Medical Examination on the stipulated date and time. The candidates could be ordered for withdrawal from the School even after admission, if, it is, found at any stage that information/details submitted by the candidate / parent / guardian during online registration is / are false.

6. Due care has been taken to prepare and publish the result accurately through the media, however, the result available with the school is valid and final for all purposes. The result can also be seen on Sainik School Society website [www.sainikschooladmission.in](http://www.sainikschooladmission.in)

7. School administration regrets for publication of result by 1 day i.e. instead of 31 Jan 2020 result is being published on 01 Feb 2020.



Photograph of the candidate is to be securely pasted here. The photograph is to be self attested by the candidate

**ALL INDIA SAINIK SCHOOL ENTERANCE EXAMINATION 2020**  
**SAINIK SCHOOL AMETHI (UTTAR PRADESH)**  
**MEDICAL EXAMINATION PERFORMA**

**PERSONAL STATEMENTS**

1. Name of the candidate in Full \_\_\_\_\_
2. Name of the Father / Guardian \_\_\_\_\_
3. Date of Birth \_\_\_\_\_
4. Age \_\_\_\_\_ years
5. Identification Marks  
(a) \_\_\_\_\_  
(b) \_\_\_\_\_
6. Permanent Address : \_\_\_\_\_

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7. Date of Medical Examination \_\_\_\_\_
8. Place of Medical Examination \_\_\_\_\_

9. **FAMILY HISTORY**

Name	Relation	If, Alive		If, Dead	
		Age (Yrs)	Health	Cause of Death	Year of Death
	Father				
	Mother				
	Brother/Sister				
	Brother/Sister				
	Brother/Sister				
	Brother/Sister				

10. **Family History of**

- (a) Tuberculosis : \_\_\_\_\_
- (b) Diabetes : \_\_\_\_\_
- (c) Hemophilia : \_\_\_\_\_
- (d) Mental Disease : \_\_\_\_\_

11. PERSONAL MEDICAL HISTORY

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 .....  
 .....  
 .....

12. Have you ever suffered from any of the following ?

Illness	Yes or No	If Yes at what age?	Illness	Yes or No	If Yes at what age?
Chronic Bronchitis/ Asthma	Yes/No		Air/Sea/Car/Train Sickness	Yes/No	
Pleurisy/Tuberculosis	Yes/No		Discharge from Ear	Yes/No	
Rheumatism/Frequent Sore Throat	Yes/No		Any other Ear trouble	Yes/No	
Chronic Indigestion	Yes/No		Frequent Colds in Head	Yes/No	
Kidney/Bladder Trouble	Yes/No		History of Guinea Worm infection	Yes/No	
Veneral Disease	Yes/No		Nervous Breakdown Mental Illness	Yes/No	
Trachoma	Yes/No		Severe Head Injury	Yes/No	
Any other Eye Disease	Yes/No				

13. Have you ever been admitted for any illness, operation or injury? If so, state the nature of disease and duration of stay in hospital

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 .....  
 .....  
 .....

**DECLARATION**

14. I hereby declare that, I have provided all details to the best of my knowledge about my family and personal health and that the information given is true to the best of my knowledge. I further certify that there is no night blindness in my family nor I suffer from it.

Signature of Candidate.....

Name of Candidate : .....

Roll No: .....

Signature of Father/Mother/Guardian : .....

Name of Father/Mother/Guardian : .....

Date : .....

## **MEDICAL EXAMINATION REPORT**

1. Height \_\_\_\_\_ cms                      2. Weight \_\_\_\_\_ Kgs

(Minimum Height – 128 cms, Minimum weight 22 Kgs)  
Height and Weight should conform to the under mentioned chart

128 cms	129 cms	130 cms	131 cms	132 cms
22 Kgs	23 Kgs	24 Kgs	25 Kgs	26 Kgs

3. **CHEST MEASUREMENT**

- (a) Normal \_\_\_\_\_ cms                      (b) Expansion \_\_\_\_\_ cms

(The chest should be well proportioned and well developed with a minimum range of expansion of 5 cms. The candidate's chest will be measured by making him stand erect with his feet together and his arms raised over his head. The tape will be so adjusted round the chest its upper edge touches the inferior angles of the shoulder blades behind and its lower edge the upper part of the nipples in front. The arms will then be lowered to hang loosely by the side. Care will be taken that the shoulders are not thrown upwards or backwards so as to displace the tape. The candidate will then be directed to take deep breath or inspiration and expiration several times and the maximum and minimum expansions of the chest will be carefully noted. The minimum and maximum will then be recorded in cms.)

4. **VISUAL STANDARD**

- (a) Normal vision                      Right \_\_\_\_\_                      Left \_\_\_\_\_  
(without glasses)
- (b) Normal Vision                      Right \_\_\_\_\_                      Left \_\_\_\_\_  
(with glasses)
- (c) Colour Vision \_\_\_\_\_

**NOTES –**

- (i) The minimum acceptable visual standard for admission in Sainik Schools is as under: -  
         Distant vision    Better Eye                      Worse Eye    (Correctable to 6/6)  
                                     V-6/6                                      V-6/9  
         Distance vision (Corrected) 6/6
- (ii) Myopia of not more than 2.5D including astigmatism
- (iii) Manifest Hypermetropia of not more than +3.5D including astigmatism.
- (iv) Fundus and media to be healthy and within normal limits.
- (v) No undue degenerative signs of vitreous or choroid to be present suggesting progressive myopia.
- (vi) should possess good binocular vision (fusion faculty and full field of vision in both eyes) Squint of any type is a definite disqualification.
- (vii) There should be no organic disease likely to exacerbate or deteriorate.
- (viii) Colour vision : Candidates who do not possess the minimum colour perception Standard CP-3 (Defective Safe) defined below will be declared Unfit.
- (ix) Binocular Vision : Must possess good binocular vision (fusion and stereopsis Colour Perception Standard MLT good amplitude and depth)
- (x) The candidate should not be suffering from night blindness.

## 5. **FLAT FOOT**

### (a) **Method of examination**

(i) The candidate will be examined bare footed standing erect and the presence or absence of normal arch of the feet should be noted.

(ii) Candidate should be asked to stand on toes with the feet and heels kept separated and the restoration or otherwise of the arch noted.

(iii) Candidate should be made to skip on forefoot and the suppleness and springiness of the feet observed. Tarsal joints will be examined for suppleness or movements.

### (b) **Acceptable for admission**

(i) Milder degrees of flat foot where the arches of the feet are restored on standing on toes, with supple and painless feet should not be a bar to acceptance.

(ii) Degrees of flat foot where the arch does not re-appear on standing on toes and where the feet are rigid should be a permanent cause for rejection.

## 6. **KNOCK KNEE**

### (a) **Method of Examination**

(i) The candidates will be examined standing erect.

(ii) The knee joints will be kept fully extended with feet parallel and the patella facing directly forward.

(iii) The distance between the medial malleoli will be measured with medical femoral condyles touching each other.

(iv) Any associated deformity of the feet or hip or genu recurvatum will be looked for at the same time.

(b) (i) Milder degree of knock knee when the distance between the malleoli is not more than two inches will not be a bar to acceptance. Provide there is no other associated disability. This will be considered as a minor disability and recorded as such. The candidates should be able to stand to attention with shoes or boots without flexing over lapping of either knee.

(ii) Marked degrees of knock knee with the distance between the malleoli more than two inches will be unfit for acceptance.

(iii) If a candidate is able to stand to attention without flexion of knees irrespective of any intermalleolar measurements, such candidates can safely be declared as fit.

## 7. **DENTAL CONDITIONS**

It should be ensured that a sufficient number of natural and sound teeth are present for efficient mastication.

(a) A Candidate must have minimum of 14 dental points to be accepted as fit. In order to assess the dental condition of an individual, points are allotted as under for teeth in good apposition with corresponding teeth in the other jaw.

(i) Central incisor, lateral incisor, canine, 1<sup>st</sup> and 2<sup>nd</sup> premolars and under developed third molar 1 point each.

(ii) 1<sup>st</sup> and 2<sup>nd</sup> molar and fully developed third molar 2 points each. When all 32 teeth are present there will be a total count 22 points.

(b) The following teeth in good functional apposition must be present in each jaw:

- (i) any four of the six anteriors
- (ii) Any six of the ten posteriors

(c) Candidates suffering from severe pyorrhoea will be rejected. Where the state of pyorrhoea is such that the opinion of the Dental Officer is that it can be cured without extraction of teeth, the candidates may be accepted.

8. **HEARING STANDARD**

Hearing will be tested by speech-test. Where required audiometric records will also be taken.

(a) **Speed test**

The candidate should be able to hear forced whisper with each ear separately standing with his back to the examiner at a distance of 610 cms, in a reasonable quiet room. The examiner should whisper with the residual air, that is to say at the end of an ordinary expiration.

(b) **Audiometric Records**

The Candidate will have no loss of hearing in either ear at frequency 128 to 4096 cycles per second (Audiometry reading between +10 and -10)

9. **IT IS CERTIFIED THAT**

(a)	There is no evidence of weak constitution imperfect development, serious malformation or obesity	
(b)	There is no maldevelopment or impairment of function of the bones or joints : X ray spline will be taken to find out maldevelopment	
(c)	There is no impediment of speech	
(d)	There is no malformation of the head, deformity from fracture or depression of the boned of the skull	
(e)	There is no impaired hearing, discharge from or disease in either ear, unhealed perforation of the tympanic membranes or signs of acute or chronic suppurative otitis-media or evidence of radical or modified radical mastoid operation	
<b>Note : A soundly healed perforation without any impairment of the mobility of the drum and without impairment of hearing should not be a bar to acceptance.</b>		
(f)	There is no disease of the bones or cartilages of the nose or nasal polypus or disease of the nasopharynx and accessory sinuses.	
(g)	There is no enlarged glands due to tubercular or due to other disease in the neck and other parts of the body and that the thyroid glands are normal.	
<b>Note : Scars of operation are not cause of rejection provided that there has been no</b>		

	<b>active disease within THE PRECEDING FIVE YEARS AND THE CHEST IS CLINICALLY AND REDILOGICALLY CELAR.</b>	
(h)	There is no disease of the throat palate, tonsils or gums or any disease or injury affecting the normal function of either mandibular joints.	_____
	<b>Note : Simple hypertrophy of the tonsils, if there is no history of attacks of tonsillitis is not a cause for rejection.</b>	
(i)	There is no sign of functional or organic disease of the heart and blood vessels.	_____
(j)	There is no evidence of pulmonary tuberculosis or previous history of this disease or any other chronic disease of the lungs.	_____
(k)	There is no evidence of any disease of the digestive system including any abnormality of the liver and spleen and there is no abdominal tenderness or palpation.	_____
(l)	Inguinal hernia (unoperated) or tendency thereto will be a cause for rejection	_____
	<b>Note : In the case of candidates who have been operated for hernia, they may be declare fit provided.</b>	
	(i) One year has elapsed since the operation (documentary proof is to be furnished by the candidate)	_____
	(ii) general tone of the abdominal musculature is good; and	_____
	(iii) there has been no recurrence of the hernia or complication connected with the operation	_____
(m)	There is no hydrocele or definite varicocele or any other disease or defect of the genital organs.	_____
	<b>Note :</b>	
	<b>(i) A Candidate who has been operated for a hydrocele will be accepted if there are no abnormalities of the cord and testicle and there is no evidence of filariasis:</b>	
	<b>(ii) Undescended intra-abdominal testicle on the one side should not be a bar to acceptance or candidates of admission to Sainik School provided the other testicle is normal and there is no untoward physical or psychological effect due to the anomaly. Undescended testis retained in the inguinal canal or at the external abdominal rind however a bar to acceptance unless corrected by operation</b>	
(n)	There is no fistula and / or fissure of the anus of evidence of haemorrhoids	_____
(o)	There is no disease of the kidneys. All cases of Glycosuria and Albuminuria will be rejected	_____
(p)	There is no disease of the skin unless temporary or trival. Scars which by their extent or position cause or are likely to cause disability or marked disfigurement are a cause for rejection.	_____
(q)	There is no active latent or congenital venereal disease.	_____

(r)	There is no history or evidence of mental disease of the candidate or his family. Candidates suffering from epilepsy, incontinence of urine or enuresis will not be accepted.	_____ _____
(s)	There is no squint or morbid condition of the eye of the lids which is liable to a risk of aggravation or recurrence; and	_____ _____
(t)	There is no active trachoma or its complication and sequela	_____

It is certified that \_\_\_\_\_ (Name of Candidate)

S/o \_\_\_\_\_ has been examined by a medical Board of under mentioned Doctors as per the medical standards laid down in this proforma and he is found **Fit / Unfit** for admission to Sainik School Amethi as a student.

- (a) ENT Specialist Dr \_\_\_\_\_
- (b) EYE Specialist Dr \_\_\_\_\_
- (c) Medical Specialist Dr \_\_\_\_\_
- (d) Surgeon / Dean Dr \_\_\_\_\_

Date \_\_\_\_\_  
(SEAL)

\_\_\_\_\_  
Sign of District Civil Surgeon /  
Chairman Board of Doctors

**SPECIAL ATTENTION FOR THE MEDICAL OFFICERS**

*The Board of Doctors carrying out the medical examination of the candidates should borne in mind that the Central Government and the State Government are spending considerable amount of the public funds on the education of boys in the Sainik Schools. These boys are ultimately expected to join the National Defence Services. The training programme of the Sainik School requires a high degree of physical fitness. The boys found medically unfit at any time during their stay in the Sainik School are to withdrawn.*



**MEDICAL FITNESS CERTIFICATE FOR THE CANDIDATES FOR THE ADMISSION IN  
SAINIK SCHOOL AMETHI  
(WITH REFERENCE TO NDA STANDARDS OF MEDICAL FITNESS)**

Roll No. \_\_\_\_\_ Date of Birth \_\_\_\_\_  
Name \_\_\_\_\_

Photograph of the candidate is to securely pasted here. The photograph is to be signed by the candidate

1. Physical development according to the age of the candidates  
Height \_\_\_\_\_ Weight \_\_\_\_\_ Kgs  
Chest Measurement On full Inspiration \_\_\_\_\_ cms  
On full Expiration \_\_\_\_\_ cms  
Difference \_\_\_\_\_ cms

2.	<b><u>BONE &amp; JOINTS</u></b> Malformation Flat Foot Knock Knee etc. Impairment of function due to old fracture diseases Diseases of Bones or Cartilages	
3.	<b><u>MOUTH</u></b> Congenital Defect like cleft palate Hare lip, tongue etc. Dental Condition No of teeth condition Tonsils and adenoids Speech / Stuttering – Stammer etc.	
4.	<b><u>NOSE</u></b> Abnormalities of shape, defective septum perforated septum, depressed septum Disease _____ Poly etc.	
5.	<b><u>EYE</u></b> Lids (Evidence of Trachoma) Conjunctive Inflammatory condition Pterigium Pupils _____ Cornea <b><u>VISION</u></b> Distant Vision without glasses Distant Vision with glasses Near Vision without glasses Near Vision with glasses Colour vision	
6.	<b><u>EARS</u></b> Discharge from ear Unhealed perforation Evidence of Chronic Suppurative Otitis Media Hearing – Speech Test	

7.	<b>CVS</b> Function or Organic Defects Pulse Rate Exercise Tolerance Test (Ten Times) Sitting & Standing Exercise 2 minutes after exercise	
8.	<b>LUNGS</b> Respiratory Rate / Min Evidence of Respiratory Disease	ACUTE _____ CHRONIC _____ ALLERGIC _____
9.	<b>ABDOMEN</b> Liver _____ Hydrocele _____ Fistula in ano _____	Spleen _____ Hernia _____ Fissure in ano _____
10.	<b>SKIN</b> Infection _____ _____	
	Chronic _____	Allergic _____
11.	<b>INVESTIGATION</b> URINE / ME _____ _____ _____	
12.	<b>IDENTIFICATION MARKS</b> (a) _____ (b) _____	

**REMARKS OF MEDICAL BOARD**

Medically \_\_\_\_\_ (FIT/UNFIT) for admission to Sainik School Amethi for Class-VI for the academic session 2020-21.

Place : Amethi

Dated :

(Seal)

\_\_\_\_\_  
Civil Surgeon, Amethi

**NOTED BY CANDIDATE AND PARENTS/GUARDIAN**

Name of Candidate		Signature of Candidate	
Name of Father/Mother/Guardian		Signature of Father/Mother/Guardian	
Date			



Tele : 7897341142

email : amethisainikschoolup@gmail.com

सैनिक स्कूल अमेठी

**Sainik School Amethi**

(Under the aegis of Min. of Defence)

Kauhar, Gauriganj

Dist. – Amethi, UP – 227409

Shri / Smt .....

Cadet's Roll No. ....

**MEDICAL EXAMINATION CALL LETTER FOR SAINIK SCHOOL, AMETHI**

**FOR 2020-21 SESSION**

Dear Sir/Madam,

1. On behalf of Sainik School Amethi, I congratulate your son, for qualifying the entrance examination which was held on 05 Jan 2020.
2. Medical examination will be conducted at District Hospital, Amethi from 17 Feb 2020 to 21 Feb 2020. Dates for medical examination will not be extended.
3. Candidates whose roll numbers are featuring in merit list must be accompanied by their parents (Father or Mother). No accommodation or transportation will be provided,
4. Reporting time at District hospital is 08:00hrs on schedule dates as per category wise as mentioned in newspaper advertisement and merit list published on zilla parishad website [www.amethi.nic.in](http://www.amethi.nic.in)
5. Medicals will be carried out strictly as per schedule dates, candidates failing to appear in medical examination will treated as rejected.
6. Candidates are required to bring 4 passport size photographs along with 3 copies of medical examination perfoma for conduct of medical examination at District Hospital Amethi.
7. Appearing in medical examination does not guarantee the admission. Admission will be done based on merit list and medical examination.

Principal Sainik School Amethi